



SACRED HEART PARISH

Sunday 11th January 2026

Baptism of the Lord



Deacon: Joe Baxter

Parish Office: 1B Glenview Street, Belfast, BT14 7DP

Email: sacredheart@downandconnor.org

Phone: 028 9075 1543

Hours open: 9am-2pm, Mon, Tues, Wed, Fri

Parish Secretary: Cathy Carroll

Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: <https://www.sacredheartparishbelfast.com>

Webcam [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

~Mass Times~

Saturday Vigil: 6.00pm: Collette(1st)& Francis Grogan, Anniversary Mass

Sunday Masses: 9:30am: Tommy McAuley Snr, Anniversary Mass
11:30am: Mary Hogg Snr, Anniversary Mass

Weekday Masses: Tuesday 7:00pm: Novena Alex Duffy, Anniversary Mass
Wednesday 10:00am:
Friday 10:00am: Seamus Reynolds, Anniversary Mass

Confessions & Adoration: Saturday: 5:00pm - 6:00pm.

Divine Mercy: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.
Please contact the parish office to arrange a baptism.

~Upcoming Feast Days~

13th January
St Hilary

15th January
St Ita of Limerick

16th January
St Fursa

~Anniversaries~

Veronica Burns (nee Healy)
Thomas O'Neill
Gerard Mulhern
Alice Mulhern
Terry Murphy
Christy Murphy
Conor McKee
Margaret Gillen
Hugh & Collette Boyle

Eternal rest grant unto them, O Lord

~Sanctuary Candles~

Robert Toner
The McGonnell Family
(USA)
Gerry Thompson
Brandon Thompson
Peggy & Charlie Grant
Mary & Gerry Lagan

*A Donation of £5 per candle
is greatly appreciated*

~Recently Deceased~

Shelia Inglis
Stephen Cooper
Anthony Killen

Eternal rest grant unto them,

O Lord

~Weekly Collection~

Weekly Offering	Christmas Voluntary	Weekly Offering	Weekly Offering	Monthly Offering
December 21st	Collection	December 28th	January 4th	January 4th
£993.43	£1968.61	£1169.35	£825.81	£242.82

The Parish Thanks You For Your Kindness And Generosity

~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)

DATES FOR YOUR DIARY	
<p style="text-align: center;"> THERE WILL BE A MEETING IN THE CHATTY CAFÉ FOR ALL READERS ON WEDNESDAY 14TH JANUARY AT 7PM FOLLOWED BY A MEETING FOR ALL EUCHARISTIC MINISTERS AT 7.30PM <u>YOUR ATTENDANCE IS VITAL</u> </p>	
<p><u>Pope Leo's Prayer Intentions for 2026</u></p> <p style="text-align: center;">January:</p> <p>For Prayer with the word of God.</p> <p>Let us pray that praying with the word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.</p>	<p>Trocaire would like to acknowledge the generous donation of £3840 raised from the sales of <i>Trocaire's Gift of Change and donations</i> made at Christmas by the parishioners of Sacred Heart. Thanks to your kindness, Trocaire is able to work with communities around the world to address the underlying cause of poverty and injustice.</p> <p>“Let Justice Flow Like Rivers”: All-Ireland Churches to Gather for Landmark Creation Care Conference. 17th January 2026 organised by the Irish Council of Churches in partnership with the Irish Inter Church Meeting and Church Leaders. 10.00am to 3.30pm in the Canal Court Hotel, Newry. The morning programme will feature three keynote contributions bringing together theology, science and lived experience. In the afternoon, the focus will shift from inspiration to implementation. The conference has a clear objective: to equip churches across Ireland to move from concern to commitment in caring for creation. Tickets are £10 to be purchased at https://letjustflow.eventbrite.ie Further info from: info@irishchurches.org</p> <p>Join us at the Belfast Jesuit Centre for a gentle, insightful introduction to the Enneagram. Nuala Prince will lead us as we explore how the Enneagram can deepen self-understanding, strengthen relationships, and support spiritual and emotional wellbeing. Friday 23 Jan (7–9.30pm) & Saturday 24 Jan (10am–4pm) 193–195 Donegall Street, Belfast. Suggested donation: £40–£55. Refreshments provided; bring lunch on Saturday. Registration essential. 07955282371 or belfastjesuitcentre.co.uk / bjc@jesuit.ie</p> <p>The charity 'Friends of Columbanus Bangor' will be hosting an event celebrating the lives of St Brigid and St Columbanus. Saturday 7th February in the North Down Museum Bangor: Enjoy a demonstration of St Brigid Cross Making and using the materials provided make your own cross. Refreshments provided. Limited number of places. For more information and to book now go to https://www.visitardsandnorthdown.com/whats-on/celtic-saints-a-journey-through-time-and-tradition-p948071</p> <p>There will be a Eucharistic Healing Service in St Matthew's Church, Short Strand, East Belfast, on Thursday 22nd January at 7pm. Music with Fionnuala O'Neill and Family. Tea and light refreshments to follow.</p> <p>St Patrick's Academy Ballinderry Road, Lisburn BT28 1TD, Open Night. Thursday 15th January 2026. 6.30pm - 8.30pm. Principal's address at 6.30pm. visit www.stpatsni.co.uk or telephone 028 92664877 for more information.</p>
 <p style="text-align: center;"> ALL ARE WELCOME FLAME OF LOVE <small>of the Immaculate Heart of Mary Movement</small> Passing the Flame in BELFAST On the Feast Day of the Flame of Love February 2nd 2026 9:30 AM - 4:00 PM ST. MARY'S CHURCH, 2-4 CHAPEL LANE, BELFAST BT1 1HH </p> <p><small>The Day will include: Flame of Love Introduction, and talks on the Flame of Love, Holy Mass at 1pm, Praise and worship, Flame of Love Cenacle, The passing of the Flame of Love Candle Ceremony, Final Blessing.</small></p> <p><small>Contact Martin 0044 7707 269589 or Eileen 0044 7793 557703 For more information email: info@flameoflove.ie Child protection policy available by request. Flame of Love has received approval to propagate from Bishop Alan McGuckian Website: www.flameoflove.ie Registered Charity Number 20206554</small></p>	
<p>St Malachy's College will be holding Open Nights on Wed 14th & Thurs 15th January 2026 from 7-9.30pm. Principal's Address at 8pm in the College Hall. 36 Antrim Rd, Belfast. For more info call 02890748285 or visit www.stmalachyscollege.com</p>	
<p style="text-align: center;">Chatty Café. Open Wednesday & Friday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.</p>	
<p>AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, and Thursday at 7pm. (Ladies Group)</p>	
<p style="text-align: center;">Narcotics Anonymous (NA) meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.</p>	
<p style="text-align: center;">Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.</p>	
<p style="text-align: center;">The Spred Group meet every second Monday in the Parish Hall at 7pm.</p>	
<p style="text-align: center;">The Stitch and Crocheting Group meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.</p>	
<p>Lifeline-24hr 7 days a week 0808 808 8000 Samaritans anytime night or day 116 123 St Vincent De Paul 028 90351561 Cancer Lifeline 028 90 351999 AA 02890351222</p>	<p>Al-Anon Family Groups 028 9068 2368 PIPS 0800 088 6042 Youth Education Health Advise 02890 757 809 Diocesan Safeguarding Officer Philip O'Hara 07534 992 124</p>
<p style="text-align: center;">Sacred Heart of Jesus, I place all my trust in Thee</p>	